GENDERED FAMILY STRUCTURE DISPARITIES IN LEISURE TIME

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MOTIVATION

- Contextual dimensions of leisure relatively unexplored
  - Type of leisure activity
- Gendered influences of marriage and parenthood
  - Quantity of Leisure
  - Quality of Leisure
GENDER DIFFERENCES IN LEISURE “QUALITY”

- Gendered constraints
  - Women’s leisure intertwined with care work
  - Men’s leisure limited by ideals of hegemonic masculinity
- Gendered advantages
  - Women’s leisure reflects “ethic of care”
  - Men’s leisure reflects individual preferences
RESEARCH QUESTIONS

- How is leisure influenced by
  - Gender?
  - Family structure?

- Do gender & leisure associations vary by family structure?

- Do patterns vary by leisure type?
DATA & SAMPLE

- Pooled 2003-2013 American Time Use Survey
  - Outgoing rotation of CPS
  - 24h “yesterday” time diary
    - What, when, where, with whom data
- Analysis Sample
  - Women (38,281)
  - Men (31,024)
  - 25 to 54 (prime working age)
  - Sample exclusions
    - Married but spouse absent
    - Retired, disabled, full-time students
Adjusted means from OLS regressions of leisure measures
- Gender x Family Structure
- Controls
  - Employment status
  - Education
  - Race-ethnicity
  - Age
  - Weekend diary day

Weights used to correct for nonresponse and adjust for ATUS oversample of weekend diary days
<table>
<thead>
<tr>
<th>Marital x Parental Status</th>
<th>Women</th>
<th>Men</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single No Children</td>
<td>14%</td>
<td>20%</td>
</tr>
<tr>
<td>Single Parent</td>
<td>11%</td>
<td>3%</td>
</tr>
<tr>
<td>Cohabiting No Children</td>
<td>2%</td>
<td>3%</td>
</tr>
<tr>
<td>Cohabiting Parent</td>
<td>2%</td>
<td>2%</td>
</tr>
<tr>
<td>Married No Children</td>
<td>23%</td>
<td>21%</td>
</tr>
<tr>
<td>Married Parent</td>
<td>47%</td>
<td>50%</td>
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LEISURE ACTIVITIES: DISPOSITIONS & CAPABILITIES

- Total Uncommitted Time
- Leisure Activity Type
  - Television
  - Cognitive
  - Social
  - Active
  - Civic
  - Relaxing
  - Cultural
  - Spectator
24 MINUTE LEISURE GENDER GAP

Gender Differences in Leisure Activity Type

Men
- TV: 120
- Relaxing: 60
- Cognitive: 30
- Civic: 15
- Social: 10
- Active: 5
- Spectator: 2

Women
- TV: 120
- Relaxing: 60
- Cognitive: 30
- Civic: 15
- Social: 10
- Active: 5
- Spectator: 2

Total: 330
GENDER LEISURE GAP BY FAMILY STRUCTURE

Gender Differences in Free Time by Family Structure

Predicted Minutes

Men

Women

SNK  CNK  MNK  SP  CP  MP

SNK  CNK  MNK  SP  CP  MP
Marginal Effects of Gender on Free Time by Family Structure

Effects on Linear Prediction

SNK  CNK  MNK  SP  CP  MP
PARENTHOOD LEISURE GAP: LESS TIME BUT HIGHER QUALITY?

Gender and Family Structure Differences in Leisure Activity Type

TV Cognitive Social Active
Relaxing Civic Cultural Spectator
Gender Differences in Civic Leisure by Family Structure

Predicted Minutes

<table>
<thead>
<tr>
<th>Men</th>
<th>Women</th>
</tr>
</thead>
<tbody>
<tr>
<td>SNK</td>
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</tr>
<tr>
<td>CNK</td>
<td>CP</td>
</tr>
<tr>
<td>MNK</td>
<td>MP</td>
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<td>SP</td>
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<tr>
<td>CP</td>
<td>CP</td>
</tr>
<tr>
<td>MP</td>
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</table>

Men: Not Bowling Alone
Gender Differences in TV Time by Family Structure

**Men**

**Women**

Predicted Minutes

<table>
<thead>
<tr>
<th>Gender</th>
<th>Family Structure</th>
<th>Predicted Minutes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Men</td>
<td>SNK</td>
<td>180</td>
</tr>
<tr>
<td></td>
<td>CNK</td>
<td>170</td>
</tr>
<tr>
<td></td>
<td>MNK</td>
<td>160</td>
</tr>
<tr>
<td></td>
<td>SP</td>
<td>150</td>
</tr>
<tr>
<td></td>
<td>CP</td>
<td>140</td>
</tr>
<tr>
<td></td>
<td>MP</td>
<td>130</td>
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<td>Women</td>
<td>SNK</td>
<td>130</td>
</tr>
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<td></td>
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<td>MP</td>
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</table>
SUMMARY

- Gender Leisure Gap
  - ½ hour gender leisure gap favors men
    - But most of it accounted for by TV time

- Parenthood Leisure Gap
  - Less TV, more Civic leisure for single and married parents
  - Partnership & parenthood stronger negative effect on mothers’ leisure

- Meaning of gender leisure gap ambiguous
  - More time in sedentary leisure for single men with no children
  - Another indicator of disadvantage / social isolation?

- Quantity versus quality of leisure warrants new investigations